

# Taiwan Sindian Drug Abuser Treatment Center

## Introduction of Localized Drug Rehabilitation Mode

### Preface

Sindian Drug Abuser Treatment Center, an exclusive and independent drug abuser treatment center in north Taiwan designated by Ministry of Justice, was formally established on January 1, 2006. And on April 3, 2006, it formally took in inmates and immediately devoted to drive Drug Abstinence Counseling Program in order to promote the effect of rehabilitation. Though diversified and professional treatment, it's expected to assist inmates quitting the mental addiction and then successfully returning to the society.



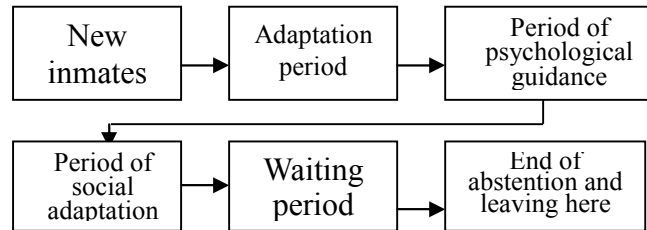
### Core Idea of Localized Rehabilitation Mode

This Center takes religious drug abstinence as core idea repairing the damage caused by addiction to individual body, mind and spirit by means of religious influence and reformation; through establishment of the highest belief for individual, it is to purify mind, to correct concept and to rectify bad habit, and then a brand new and healthy living style will be set up.

## Contents of Localized Rehabilitation Mode

### I. General rehabilitation treatment

The period of rehabilitation treatment for inmates is more than six months and less than one year according to law. The procedure of rehabilitation is as follows:



#### 1. Adaptation period

##### Purpose of treatment

Cultivate the inmate's physical strength and persistence to increase his/her confidence of drug abstinence.

##### Characteristics of course

Stress the living regularity and attendance on the treatment course for inmates.

#### 2. Period of psychological guidance

##### Purpose of treatment

Arouse the inmate's motive of drug abstinence and will of rehabilitation; assist to quit the mental reliance on drugs.

##### Characteristics of course

Stress living regularity, correct knowledge of drug and attendance of counseling course for inmates.

#### 3. Period of social adaptation

##### Purpose of treatment

Reconstruct the inmate's human relationship, family relationship and ability of problem-solution; assist them to return to society.

##### Characteristics of course

Stress living regularity, knowledge of using social resource and attendance of social adoption course for inmates.

### 4. Waiting period

##### Purpose of Treatment

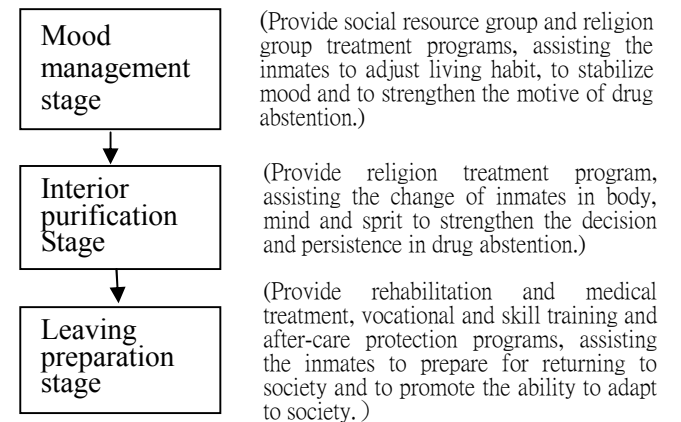
Assist the inmates to prepare for returning to society, especially the connection to employment and career planning, and transferring of community medical rehabilitation, and track counseling as well.

##### Characteristics of course

Carry out short-term vocational and skill training; provide rehabilitation and medical treatment, and introduce after-care volunteers for counseling in order to promote the capital of inmate's independent living after leaving this Center.

### II. Special drug abstinence counseling program

There is a special Treatment Counseling Program in this Center, coordinating with psychologists and social workers in this Center to conduct social treatment. It is divided three stages for 2 to 3 moths each stage with procedures as follows:



#### 1. Social Resource Group Treatment Program

##### (1) Hongcih Assembly of Voice of Maitreya Drug Abstinence Counseling Program

The purpose of Hongcih Assembly of Voice of Maitreya is to exalt Maitreya's kind wish of everybody being happy, guiding inmates to learn and imitate the conduct of Maitreya and assisting to promote the degree of belief, to confirm the respect of self-life and

the value of life, so that the inmates could strengthen the decision of drug abstinence, thoroughly being distant from drug, and move towards bright conscience, healthy and happy life.

## 2. Religion Group Treatment Program

### Characteristics of program

- Provide diversified religious counseling program, adopting small class (about 30 persons) according to different religious belief and wish of participation, and conduct the group religious counseling by the management mode for different classes and dormitories.
- Plan religious personages to stay in this Center day and night to blend with the inmate's life, by means of getting along with one another to form the function of "Home" producing the effect of unobtrusive and imperceptible change and influence.
- Before staying in this Center, every religious group will provide complete, substantial and feasible drug abstinence plan, including course design, period arrangement and effect evaluation etc., taking three months as a term.

### Content of programs

#### (1) **Fo Guang Shan Jin-Guang-Ming Temple Drug Abstinence Counseling Program**

##### \* Characteristics of course

Masters instruct the inmates his/her own thought of life and wisdom words of life as the approach to have a satisfactory life for inmates.

##### \* Content of course

Basic Buddhist doctrines, Cai-Gen-Tan of life, Zen and Tea Life, A Threshold of Zen Study, Life of Buddhist Doctrines and individual guidance etc.

#### (2) **Christian Rehabilitation Fellowship Drug Abstinence Counseling Program**

##### \* Characteristics of course

Testify and hand around the great capacity (fortunate wish); assist inmates to reconstruct the contents of life and value of life by means of complete belief.

### \* Content of course

Mission and world outlook, spiritual devotion and Bible study, the Bible course, enlightenment course, worship, group and individual counseling etc

## 3. Rehabilitation and medical treatment service

This Center together with Addiction Prevention Department, Songde Branch, Taipei City Hospital, Taoyuan Mental Hospital, Department of Health and Bali Psychiatric Center, Department of Health drove Rehabilitation and Medical Treatment Cooperation Plan, establishing a professional drug addiction medical treatment group that not only provides rehabilitation and medical treatment service for inmates in this Center, but also for community addiction abstinence and track counseling out of this Center.

### Goal of rehabilitation and medical treatment

Allow the inmates to successfully link up the drug addiction treatment and track counseling of community medical system out of this Center in order to prevent from relapse when they leave this Center.

### Service content of rehabilitation and medical treatment institutions in this Center

- Diagnosis of mental condition
- Evaluation of mental condition
- Evaluation of social requirements
- Occupation evaluation
- Group psychotherapy
- Individual psychotherapy

### Service content of rehabilitation and medical treatment institutions out of this Center

- Case manager regularly trace the cases in order to understand their life and medical condition
- Transfer social resources and introduce information.
- Drug addiction medical treatment and addiction abstinence counseling

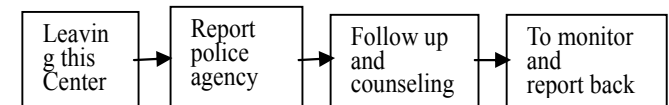
## 4. Short-term skill and vocational training

Apart from inviting Sindian, Sanchong, and Banciao Employment Service Stations and North Vocational Training Center to instruct employment

promotion courses for inmates, this Center also cooperated with Shilin and Taipei Branches of After-Care Association to conduct various short-term training classes, in order to train up the inmates with professional skill.

The skill training classes of this Center include: Basic Working English Conservation Class, Gardening and Landscape Class, Coffee Making Skill Class, Computer Software Design Application Class that inmates are welcomed to sign up actively.

## 5. Track counseling after leaving this center



This Center convenes medical institutions, after-care groups, and religious & social public welfare groups to attend the track counseling of inmates. When the inmates leave this Center, they collect the brief information of inmates and send confidential letter to the police agency and to every track counseling institution where inmates reside, providing phone call track and correspondence counseling, and regular supervise the condition of track counseling.

## Conclusions

Apart from extensively using social and religious resources to provide diversified treatment modes, this Center even have professional medical groups in this Center for cooperation, providing excellent rehabilitation and medical service for inmates. It's expected that all inmates could learn the skill to reject drug after accomplishing professional and complete rehabilitation and treatment, with strong conviction of drug abstinence to resist temptation and successfully return to society displaying a brand new life. .

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